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PRA Archive #: BB0010

Title: [Emotional homeostasis or emotional self-defense / Terence Rogers](#).

Description:

Speech on the emotional and physical problems created by trying to survive in the modern world...

Genre:

Broadcast Date: KPFA, 4 May, 1960.

PRA Archive #: KZ0416.05

Title: [Eustress / Hans Selye](#).

Description:

Pioneer of the concept of stress discusses his lifestyle and eustress.

Genre:

Broadcast Date: KPFK, June 13, 1978.